



Dukies Careers Week Resources – Tuesday 15th March

MILITARY & SPORTS

Good morning, and welcome to Tuesday's resources for our Careers Week. Today, we will be looking at careers in the Armed Forces, other uniformed public services, and within the whole sphere of sports and fitness.

The Armed Forces



Perhaps unsurprisingly (we are a military school, after all), we have a good record of placing Dukies within the Armed Forces. Many of the extra-curricular activities offered here – CCF, Ceremonial, Adventure Training, Duke of Edinburgh's Award, sports, our prefect system – will give you, as Dukies, advantages over other applicants, whether you are looking to sign up as a soldier/sailor/aircrew, or as an officer.

How many 16-year-olds know how to march? Dukies do. How many know how to polish parade shoes to a mirror finish? Basic weapons handling skills? Performing in a military band, navigation, camouflage, even basics like how to salute an Officer? By the time you leave the School, whether at 16 or 18, all Dukies have these skills – and these talents don't leave you. Just look at the Dukies who return to the School, every year, for Remembrance Parade. What they learnt here at School – sometimes many, many years ago – these skills stay with them.

The first 'port of call' for anyone who may be interested in joining the Armed Forces should always be the three Ministry of Defence websites, listed below. Here, you will find a huge amount of information about roles within the services, the benefits and challenges, and details about the many different roles available – it's not just a choice between Infantry and Officer. You could be a dog handler, a chef, a mental health nurse, a musician or a motor mechanic. The choice is yours.



[Careers | The British Army \(mod.uk\)](#)

[Royal Navy Jobs | Careers in the Navy & Royal Marines \(mod.uk\)](#)

[RAF Recruitment | Home | Regular & Reserve | Royal Air Force \(mod.uk\)](#)

The above sites allow you to search by role, by qualifications, by interests, or by skills. They also allow you to begin your application process. Before you do that, however, it will always be useful to speak to an Armed Forces Careers Officer. To arrange an interview, from Year 9 upwards, email me (Stephen.king@doyrms.com) and I will put you in touch.

What is the Army's most powerful weapon? You might be surprised. See the video clip below:

[Weapon - YouTube](#)

Want to hear from some real live soldiers?

<https://vimeo.com/576780694>

The School is extremely fortunate to have plenty of ex-service personnel on our staff. If you think you might be interested, why not have a chat with Mrs Sutton, Mr Applegarth, Maj Ellis, Maj Cresswell, the RSM, Mr Slater, Dr McConnell, Mr Bird, Mr Irlam, Ms Hodgkinson or Mr Kanasewich, who would all be happy to talk to you.

If you aspire to become an RAF fighter pilot, then this link will be interesting:

<https://youtu.be/UcQuzuwNYtw>

The future of the Royal Navy? Think technology. See some new developments here: [A Look at the Future | Royal Navy - YouTube](#)

To find out about the levels of fitness required, here is a short clip about the Army fitness test. There are, of course, similar requirements for the Royal Navy and RAF. The Royal Marines test is a bit harder!

[Army Fitness Tests - Joining the Army - Army Jobs - YouTube](#)

This link takes you to some questions about whether you think you are suitable for a career in the Armed Forces: [Would a career in the armed forces suit me? | TARGETcareers](#)



Uniformed Public Services



There are many other careers that involve serving the public apart from the Armed Forces. Here are a few ideas:

Prison Officer – Job of the week: [JOB OF THE WEEK EPISODE #041 - PRISON OFFICER - YouTube](#)

Firefighter – job of the week: [JOB OF THE WEEK - EPISODE #06 - FIREFIGHTER - YouTube](#)

<https://nationalcareers.service.gov.uk/job-profiles/police-officer>

[Working for Border Force - Border Force - GOV.UK \(www.gov.uk\)](#)

[Working for the Maritime and Coastguard Agency | Civil Service Careers \(civil-service-careers.gov.uk\)](#)

Within the category 'Uniformed Public Service', we could also add Paramedics and the Ambulance Service – these will be covered tomorrow in our 'Medical' resources.



Sports-related careers



The list of careers related to sports, fitness and outdoor activities is endless, as are the qualifications available. Type in 'sports' to the UCAS website – where you can search for university courses – and you get 1627 different programmes from 190 different institutions.

Many sports-related occupations will be linked to coaching, health and fitness, or leisure. Of course, you could work in a sports-related career in the Armed Forces or the Police, for the NHS, as a member of a large organization – or be a self-employed fitness coach working one to one with individual clients. You could become a PE teacher, like Mrs Towers or Mr Quinn.

If you think that your future may lie in something sports-related, ask yourself a few questions. Do I want to play sport and become a professional? Do I want to help other people? Could I link my other studies – like Psychology, Biology, Photography, or Food Technology, to a career in sports?

Of course, all these options are available – and many, many more. Here are a few ideas:

Outdoor Pursuits Manager – job of the week: [JOB OF THE WEEK - EPISODE #15 - OUTDOOR PURSUITS MANAGER - YouTube](#)

Sports Coach – job of the week: [JOB OF THE WEEK - EPISODE #18 - SPORTS COACH - YouTube](#)

[Career Advice on becoming a Sports Therapist by Phil J \(Full Version\) - YouTube](#)

[Career Advice on becoming a Sports Development Officer by Fay W \(Full Version\) - YouTube](#)

Sports Centre Manager for David Lloyd Fitness: [Career Advice on becoming a Sports Manager by James W \(Full Version\) - YouTube](#)

For a good list of some of these types of careers, visit: [Careers in sport | TARGETcareers](#)



Of course, your aspirations may extend to playing sport professionally. Pathways here are very different for each sport, but a good starting point may be: [Sports professional | Explore careers | National Careers Service](#)

Another article that highlights the sacrifices needed to reach the top is here: [How To Become a Professional Sportsperson - Careers in Sport \(careers-in-sport.co.uk\)](#)

So, whether you think your career might be in the Armed Forces, in another service helping the public, or in the ever-growing sector of sports, fitness and coaching, hopefully there is something here to get you thinking. Tomorrow, we will look at medical, engineering and scientific careers. If you have any questions, email me, or drop into the Library for a chat.

Stephen King, Careers Leader