

BREAKFAST Week 1



FOR ALLERGEN INFORMATION PLEASE
SPEAK TO A MEMBER OF THE TEAM.



**The Duke of York's
Royal Military School**
A co-educational boarding school for students aged 11-18

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
MAINS	<p><u>Filled Croissants</u></p> <p>Sliced Ham Sliced Turkey Sliced Cheese Sliced Tomatoes</p>	<p>Bacon Sausage Scrambled Egg Hash Brown Baked Beans Mushrooms</p>	<p><u>Breakfast Bagels</u></p> <p>Eggs 3 ways Cheese Roasted peppers Spinach Guacamole Tomato salsa</p>	<p>Bacon Sausage Fried Eggs Hash Brown Baked Beans Mushrooms</p>	<p>Shakshuka</p> <p>Baked eggs in spiced tomato & pepper sauce</p>	<p>Dukies Sausage & Cheese Muffins</p> <p>Fruit Smoothie</p>		
BAKERY	Petit Pains	Toast	Pain Au Chocolate	Bloomer Bread	Toast	Croissant		
YOGHURT STATION	Greek Natural Yoghurt, Fruit Compote, Granola, Honey, Dried Fruit Selection, Toasted Seeds, Coconut							
PORRIDGE	Fresh Porridge, Honey, Fruit Compote, Dried Fruit Selection, Toasted Seeds							
CEREAL BAR	Selection Of Cereals, Chilled Milk, Dairy Free Options Available							
FRESH FRUIT	Cut Fresh Fruit Selection And Whole Fruits							
TOASTER	Bread, Jam, Marmalade, Honey, Marmite, Spreads							



BREAKFAST Week 2



FOR ALLERGEN INFORMATION PLEASE
SPEAK TO A MEMBER OF THE TEAM.



**The Duke of York's
Royal Military School**
A co-educational boarding school for students aged 11-18

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
MAINS	<p><u>Filled Bagels</u></p> <p>Sliced Ham Sliced Turkey Sliced Cheese Sliced Tomatoes</p>	<p>Bacon Sausage Scrambled Egg Hash Brown Baked Beans Mushrooms</p>	<p><u>Breakfast Burritos</u></p> <p>Eggs 3 ways Cheese Roasted peppers Spinach Guacamole Tomato salsa</p>	<p>Bacon Sausage Fried Eggs Hash Brown Baked Beans Mushrooms</p>	<p>Shakshuka</p> <p>Baked eggs in spiced tomato & pepper sauce</p>	<p>Sausage Rolls</p> <p>Fruit Smoothie</p>		
BAKERY	Petit Pains	Toast	Pain Au Chocolate	Bloomer Bread	Toast	Croissant		
YOGHURT STATION	Greek Natural Yoghurt, Fruit Compote, Granola, Honey, Dried Fruit Selection, Toasted Seeds, Coconut							
PORRIDGE	Fresh Porridge, Honey, Fruit Compote, Dried Fruit Selection, Toasted Seeds							
CEREAL BAR	Selection Of Cereals, Chilled Milk, Dairy Free Options Available							
FRESH FRUIT	Cut Fresh Fruit Selection And Whole Fruits							
TOASTER	Bread, Jam, Marmalade, Honey, Marmite, Spreads							



LUNCH Spring



FOR ALLERGEN INFORMATION PLEASE
SPEAK TO A MEMBER OF THE TEAM.



**The Duke of York's
Royal Military School**
A co-educational boarding school for students aged 11-18

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAINS	Slow Cooked Beef Bolognese	Coconut Chicken Massaman with Poppadum's and Mango Chutney	Mac N Cheese Bar Toppings – BBQ Pulled Sweet Chilli Chicken & Crispy Onions	Honey Glazed Pork Loin	Southern Fried Chicken Burgers	Teriyaki Chicken Bao Buns	BRUNCH BAR Bacon Sausage Eggs Tomato Mushroom Baked Beans Wedges Potato Waffles Pastries Croissants
VEGETARIAN (VEGAN OPTION AVAILABLE)	Mixed Bean & Oregano Bolognese	Butternut, Spinach & Chickpea Korma	Mac N Cheese Bar With Toppings – Crispy Paprika Chickpeas & Crispy Onions	Leek & Ricotta Pasty	Portobello Mushroom Burger topped with Halloumi	Pulled Oumph Bao Buns	
ON THE SIDE	Spaghetti Sweetcorn Roasted Broccoli Florets	Steamed Rice Bombay Potato with wilted Spinach Cumin Spiced Cauliflower Naan Breads	Garlic Focaccia Bread Sweet Corn Green Beans	Herby Roasted New Potatoes Cauliflower & Broccoli Cheese Gratin Steamed Cabbage	Seasoned Fries Jalapenos Smoky Paprika Mayo Mexican Street Corn Garlic Beans	Sesame Noodles Bok Choi Asian Slaw Pickled Vegetables Cucumber Salad	
SALAD	Freshly Prepared Salad Station With A Mix Of Compound And Simple Salads, Protein Option Dressing, Seeds And Oils						
SOUP	Freshly Made Soups With Daily Baked Bread, Chilli Flakes, Toasted Seeds, Croutons, Crispy Onions And Flavoured Oils						
DESSERT	Apple & Cinnamon Crumble with Custard	Raspberry Cake	Apple & Honey Pannacotta	Lower Sugar Fruity Flapjack	Lower Sugar Blondie	Summer Berry Fool	N/A
	Selection Of Fresh Cut And Whole Fruits And Fruit Jelly						



SUPPER Spring



FOR ALLERGEN INFORMATION PLEASE
SPEAK TO A MEMBER OF THE TEAM.



**The Duke of York's
Royal Military School**

A co-educational boarding school for students aged 11-18

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAINS	Fisherman's Pie - White Fish in a Creamy Dill Sauce topped with Mash	Sticky Honey & BBQ Bacon Chops	Beef Bourguignon	Chicken & Chorizo Paella	Beef Meatballs in a Tomato & Basil Sauce	Pizza Night Meat Feast Pepperoni	Roast Chicken, Sage & Onion Stuffing With A Rich Gravy
VEGETARIAN (VEGAN OPTION AVAILABLE)	Stuffed Peppers with Roasted Vegetables and Lentils	Sticky Honey & BBQ Tofu	Mushroom Bourguignon	Tofu & Pea Paella	Veggie Meatballs in a Tomato & Basil Sauce	Pizza Night Margherita Roast Vegetable and Feta	Root Vegetable & Lentil Wellington With A Rich Vegetarian Gravy
ON THE SIDE	Leeks and Spinach Buttered Samphire Roasted Carrots	Herb & Garlic Parmentier Pan Fried Savoy Cabbage Roasted Peppers	Mashed Potato Honey Glazed Carrots Peas	Paprika Roasted Butternut Wedges Pan Fried Aubergine	Spaghetti Baby Corn Garlic Green Beans Rocket Salad	Onion Rings Garden Salad Selection Toppings Ketchup Garlic Mayo Pesto	Rosemary Roasted New Potatoes Honey Roasted Carrots & Parsnips Leek Gratin
SALAD	Freshly Prepared Salad Station With A Mix Of Compound And Simple Salads, Protein Option Dressing, Seeds And Oils						
SOUP	Freshly Made Soups With Daily Baked Bread, Chilli Flakes, Toasted Seeds, Croutons, Crispy Onions And Flavoured Oils						
DESSERT	Chocolate & Orange Cookies	Strawberry Cheesecake	Banana Sponge	Summer Trifle	Strawberry Mousse	Doughnuts	Peach & Raspberry Pie
	Selection of Fresh Cut and Whole Fruits and Fruit Jelly						



LUNCH Spring



FOR ALLERGEN INFORMATION PLEASE
SPEAK TO A MEMBER OF THE TEAM.



**The Duke of York's
Royal Military School**
A co-educational boarding school for students aged 11-18

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAINS	Traditional Beef Lasagne	BBQ Chicken & Ribs Cornbread, Red Cabbage & Apple Slaw Honey & Mustard Dressing	Honey Roasted Gammon With Rich Gravy	Classic Beef Cottage Pie topped with Mashed Potato	Fish Shop Friday Freshly Battered Cod With Lemon & Tartare Or Battered Sausage	Italian Herb Crusted Pork Steaks	BRUNCH BAR Bacon Sausage Eggs Tomato Mushroom Baked Beans Wedges Potato Waffles Pastries Croissants
VEGETARIAN (VEGAN OPTION AVAILABLE)	Vegetarian Mixed Bean Lasagne	BBQ Jackfruit & Tofu Cornbread, Red Cabbage & Apple Slaw Honey & Mustard Dressing	Roasted Vegetable and Feta Tart	Root Vegetable & East Curious Cottage Pie	Battered Tofu Steaks	Italian Herb Crusted Aubergine Steaks	
ON THE SIDE	Garlic Bread Peas Broccoli	Garlic and Herb Potatoes Boston Beans Jalapenos Creamed Corn	Skin On Roast Potatoes Roasted Carrot & Swede Honeyed Parsnips	Cabbage, Leeks & Peas Baby Corn Gravy	Chip Shop Chips Garden Peas Baked Beans Curry Sauce Mushy Peas	Crushed Potatoes Ratatouille Vegetables Honey Glazed Carrots Tomato & Red Onion Salad	
SALAD	Freshly Prepared Salad Station With A Mix Of Compound And Simple Salads, Protein Option Dressing, Toasted Seeds And Oils						
SOUP	Freshly Made Soups With Daily Baked Bread, Chilli Flakes, Toasted Seeds, Croutons, Crispy Onions And Flavoured Oils						
DESSERT	Pear Crumble with Vanilla Sauce	Lemon & Poppyseed Sponge	Rice Pudding with Mango Compote	Reduced Sugar Carrot Cake with Cream Cheese Frosting	Raspberry Mousse	Pancake Bar with Toppings	N/A
	Selection Of Fresh Cut And Whole Fruits And Fruit Jelly						



SUPPER Spring



FOR ALLERGEN INFORMATION PLEASE
SPEAK TO A MEMBER OF THE TEAM.



**The Duke of York's
Royal Military School**
A co-educational boarding school for students aged 11-18

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAINS	Szechuan Pork	Mexican Beef Fajitas with Sour Cream, Guacamole & Salsa	Macaroni & Cheese With a Selection of Toppings	Sweet & Sour Pork	<u>Curry Night</u> Chefs Choice or put in your requests	Crispy Chilli Beef	<u>Pie Night –</u> Chefs Choice notice will be given
VEGETARIAN (VEGAN OPTION AVAILABLE)	Szechuan Tofu	Mixed Bean Fajitas with Sour Cream, Guacamole & Salsa	Macaroni & Cheese With a Selection of Toppings	Sweet & Sour Vegetables & Bean	<u>Curry Night</u> Chefs Choice or put in your requests	Crispy Chilli Tofu	<u>Pie Night –</u> Chefs Choice notice will be given
ON THE SIDE	Fragrant Rice Garlic Bok Choi Stir fry Chinese Broccoli	Sweet Potato Wedges Corn on the Cobb Refried Beans Guacamole Pico de Gallo Tomato Salsa Sour Cream	Crispy Onions Smoked Kale Pangrattato Steamed Vegetables Garlic Spring Greens	Egg Fried Rice Garlic Broccoli Wilted Kale & Spinach	Steamed Rice Naan Bread Poppadum's Mango Chutney Raita Lime Pickle	Chow Mein Noodles Chinese Cabbage Stir fry Sesame Green Beans Chilli Sauce	Crushed Garlic Potatoes Sweetcorn Roasted Roots
SALAD	Freshly Prepared Salad Station With A Mix Of Compound And Simple Salads, Protein Option Dressing, Seeds And Oils						
SOUP	Freshly Made Soups With Daily Baked Bread, Chilli Flakes, Toasted Seeds, Croutons, Crispy Onions And Flavoured Oils						
DESSERT	Chocolate Cornflake Bar	Eton Mess	Raspberry Oat Bar	Lemon Posset	Ice Cream Bar with Toppings	Chocolate Cake	Cherry Oat Cookies
	Selection of Fresh Cut and Whole Fruits and Fruit Jelly						



LUNCH Spring



FOR ALLERGEN INFORMATION PLEASE
SPEAK TO A MEMBER OF THE TEAM.



**The Duke of York's
Royal Military School**
A co-educational boarding school for students aged 11-18

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAINS	Butchers Pork Sausage & Mash With Gravy & Fried Onions	Mild Beef Chilli con Carne served with Sour Cream, Salsa & Guacamole	Roasted Chicken Legs with Sage & Onion Stuffing	Tomato & Basil Pasta Bake topped with Cheese	Buttermilk Chicken Thighs	Dukies American Hot Dogs with Mustard, Ketchup and Fried Onions	BRUNCH BAR Bacon Sausage Eggs Tomato Mushroom Baked Beans Wedges Potato Waffles Pastries Croissants
VEGETARIAN (VEGAN OPTION AVAILABLE)	Vegetarian Sausage & Mash With Gravy & Fried Onions	Mild Vegetable & Bean Chilli con Carne served with Sour Cream, Salsa & Guacamole	Vegetarian Bean, Feta & Egg Plait With Gravy	Vegetable Stacks topped with Feta Cheese	Buttermilk Tofu	Vegetarian Plant Based Hot Dog With Onions	
ON THE SIDE	Creamy Mash Steamed Cauliflower Carrots	Steamed White & Brown Rice Roasted Squash & Sweet Potato Nachos	Garlic and Herb Roasted Potatoes Green Beans Roasted Roots Gravy	Garlic Bread Lemon Zested Broccoli Steamed Carrots	Chips Creamy Slaw Lemon & Garlic Green Beans BBQ Beans Gravy	Salt & Pepper Wedges Corn On The Cob Fried Onions Cheese Ketchup & Mustard	
SALAD	Freshly Prepared Salad Station With A Mix Of Compound And Simple Salads, Protein Option Dressing, Seeds And Oils						
SOUP	Freshly Made Soups With Daily Baked Bread, Chilli Flakes, Toasted Seeds, Croutons, Crispy Onions And Flavoured Oils						
DESSERT	Mixed Berry Summer Crumble	Key Lime Pie	Banoffee Pie	Lemon Curd Trifle	Mixed Berry Mousse	Chocolate Cookie Bar	N/A
Selection Of Fresh Cut And Whole Fruits And Fruit Jelly							



SUPPER Spring



FOR ALLERGEN INFORMATION PLEASE
SPEAK TO A MEMBER OF THE TEAM.



**The Duke of York's
Royal Military School**
A co-educational boarding school for students aged 11-18

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAINS	Crispy Chicken With Katsu Sauce	<u>Pasta Bar</u> Chorizo & Pepper Sauce Chicken & Mushroom Sauce Carbonara	Sticky Korean Spiced Pork	Beef Moussaka	Chicken Souvlaki	Mexican Beef Nachos	Jerk Spiced Chicken Legs with Pineapple Salsa
VEGETARIAN (VEGAN OPTION AVAILABLE)	Indian Paneer & Red Pepper Dahl	Alfredo Sauce Marinara Sauce Three Cheese Sauce	Sticky Korean Jackfruit & Tofu	Vegetarian Lentil Moussaka	Halloumi Souvlaki	Tex Mex Pulled Jackfruit & Mixed Bean	Jerk Roasted Cauliflower with Pineapple Salsa
ON THE SIDE	Fragrant Rice Pickled Vegetables Wilted Greens	Selection of Pastas Gnocchi Garlic Bread Pesto Vegetables Rocket & Olive Salad	Egg Noodles Vegetable Stir fry Cucumber Salad	Roasted Med Vegetables Green Beans Greek Salad Tzat Ziki	Roasted Courgettes & Red Pepper Charred Corn on the Cobb	Steamed Sweetcorn Roasted Broccoli Tortilla Chips Sour Cream Tomato Salsa Guacamole	Sweet Potato Wedges Grilled Corn on the Cobb Peppers and Onion Caribbean Slaw
SALAD	Freshly Prepared Salad Station With A Mix Of Compound And Simple Salads, Protein Option Dressing, Seeds And Oils						
SOUP	Freshly Made Soups With Daily Baked Bread, Chilli Flakes, Toasted Seeds, Croutons, Crispy Onions And Flavoured Oils						
DESSERT	Rocky Road	Lemon Bars	Blueberry Pot	Raspberry Brownie	Bread & Butter Pudding with Custard	Waffle Bar	Classic Vanilla Cheesecake with Berry Compote
	Selection Of Fresh Cut And Whole Fruits And Fruit Jelly						

